

# S.M.S.50 Harness – User Guide (Doc. No.12-4088)



### **Hollis Gear**

2002 Davis Street, San Leandro, CA 94577

Phone: 888.383.DIVE Fax: 510.729.5115 www.HollisGear.com / Info@hollisgear.com

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### SMS50 Sidemount Harness Manual – Doc. No. 12-4088

EC Type examination conducted by: SGS United Kingdom Ltd, Weston-super-Mare, BS22 6WA, UK Notified Body No: 0120'

Compliance with EN 1809:1997 Compliance with EN 250:2000

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#### **Trademark Notice**

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#### **Patent Notice**

U.S. Patents have been issued, or applied for, to protect the following design features: backpack systems (U.S. Patent No. 5,378,084, Gas Impermeable Laminate (U.S. Patent No. 5,693,412), Harness Buckle (U.S. Patent No. D409,114), Weight Drop System (U.S. Patent No. 5,218,745), Soft Backpack (U.S. Patent No. 4.952,095), and Compensating Waistband (U.S. Patent No. 4,732,305). Also other Patents Pending

### **Limited Warranty**

For details, refer to the Product Warranty section on the Hollis web site: www.HollisGear.com

## **Assessment of Risk**

Hollis BC's are designed and intended for use by divers who have successfully completed a nationally recognized course in scuba diving which includes Sidemount Training for this specific product. Hollis gear must NOT be used by untrained persons who may not have knowledge of the potential risks and hazards of scuba diving. As with all underwater life support equipment, improper use or misuse of this product can cause serious injury or death.

## Introduction

This User's Guide describes the unique functions and features of the SMS50 Sidemount Harness Kit. The more acquainted that you become with your new kit, the more you will enjoy your diving experience. By following the instructions in this guide, you will understand how the SMS50 works, how to make best use of its features and how to ensure it is set up best for your needs.

All Hollis BC's are constructed with the highest quality materials and utilize the latest computer aided design and manufacturing techniques to ensure their highest performance and reliability.

## **Warnings**

- Hollis BC's are intended for use by divers who have successfully completed a
  nationally recognized course in scuba diving. For the SMS50 for use only by
  persons who have completed a recognized sidemount training course.
- Hollis BC's must not be used by untrained persons who may not have knowledge of the potential risks and hazards of scuba diving
- As with all underwater life support equipment, improper use or misuse of this product can cause serious injury or death.
- Improper use of the oral Inflation/ Deflation or dump valve assemblies may allow water to enter the BC with a subsequent reduction in buoyancy. Reducing buoyancy can cause a loss of buoyancy control resulting in serious injury or death.
- Temperature conditions for use (1 to 40 degrees C)
- Limitations of dimensions of cylinders (15L single cylinder, or Twin 12 litre cylinders)
- This is not a lifejacket it does not guarantee a head up position of the wearer at the surface.
- DO NOT depend on any Hollis BC to save your life under any circumstances.
- Prior to each dive, inspect and test your BC for proper operation. If any part does not function properly, DO NOT USE!
- In an emergency, Hollis BC's may not provide face-up flotation in all cases for all persons.
- DO NOT inhale gases from within any Hollis BC.
- On Hollis dual bladders, the bladder against the diver's back is the primary bladder. Do not inflate both bladders at the same time, this could decrease the overall lift provided by the bladder.
- If you do not fully understand how to use your Hollis BC, or if you have any questions regarding its functions, you should seek instruction in its use from your authorized Hollis dealer before you utilize this product.
- Read and understand the owner's guide completely before diving with any Hollis BC.
- Have your Hollis equipment inspected and serviced annually or any time you have any concern about your equipment's function or condition by an authorized Hollis dealer.
- Any questions/concerns can be directed towards your local Hollis dealer or you can contact one of our technical support representatives at 888.383.DIVE. Email us at info@hollisgear.com.

## **Overview**

Hollis SMS50 sidemount systems have been designed not just with cave divers in mind, but any sidemount diver. The new SMS50 is no exception. Built for sidemount only, this kit can be used in any environment from open water to overhead. Includes an adjustable, one size fits most harness based on a minimalist design; also ideal for traveling sidemounters. Ready to dive out of the box (RTD).

### **Sidemount Diving Advantages:**

- <u>Greater Safety</u> Allows full visibility over system. Diver can perform gas checks/management, configure and monitors all of gauges, valves and hoses without assistance
- <u>Reduces additional gear</u> Backplate / Doubles bands / Hardware / Manifold Benefit when traveling
- <u>Aids in transporting</u> gear to and from the beach or boat both tanks and one tank at a time. This includes exiting the water on a boat dive
- <u>Streamlines profile</u> which in turn reduces drag and energy which increases your bottom time

### **System Details:**

- Inner located elbow to avoid overhead interference
- Built-in trim pockets 3lbs upper shoulders & 3lbs (Pair) for lower torso
- Neoprene covered shoulder straps
- Ready out of the box! (2) Tank bungees, (2) SS Cam bands, (4) SS Bolt snaps & line included with kit
- also includes a Sternum strap & Crotch strap

### **Specifications:**

- Air Cell 23 lbs Lift
- Rugged 1000 Denier Cordura
- Sidemount Only harness
- One size fits most
- System weight 5lbs.

# **Understanding the SMS50 Harness**



- Adjustable shoulder webbing woven through tri-glides at top of wing Long to accommodate larger sized individuals. Also adjustable lower strap depending on waist size
- Embroidered Hollis logo rear of wing
- SMS50 Wing 23 lbs. lift 360 Degree wing
- Alternate mounting locations for rail system bottom of photo
- Rear mounted 1" D-ring for attaching accessories
- Rear mounted rail system used to attach sidemounted cylinders
- Hip mounted 2" D-rings for attachment bottles if necessary
- Included tank bungee for holding cylinder close to the diver

# How To "Rig" Your Bottles



- Right Bottle 1.
- 2.
- 3.
- Elastic Tank bungee
  7 ft. low pressure hose connected to primary 2<sup>nd</sup> stage w/bolt snap
  36 in. low pressure hose connected to alternate 2<sup>nd</sup> stage w/Reg necklace 4.
- 5. Left Bottle
- 6.
- Brass SPG w/ 6" HP hose 212 adjustable 2<sup>nd</sup> stage (unit shown alternate 7.
- Alternate low pressure quick disconnect hose for Drysuit inflation if needed 8.
- Primary low pressure quick disconnect hose 15' for LP inflator 9.
- DC1 First Stage DIN 10.

\*Note: This is only a suggestion on how to configure your SMS Regulator Kit. There are other configurations that you may find better suit your diving preference after taking a recognized sidemount diving course \*\*

# **Attaching Cylinders to the SMS50**

Provided with each SMS50 complete harness is the hardware to support two sidemounted tanks.

This includes the following (image below):

- SS Cam Bands Qty 2
- SS Tri-Glides Qty 2
- SS Bolt Snaps 4.5" Qty 4
- Nylon Line (secures bolt snap to tank)

The image to the right shows how to secure the hardware properly. The top bolt snap is considered a "safety clip" or a redundant point of attachment in addition to the bungee which wraps around the tank valve. This clip connects to the shoulder D-ring on both the left and right side of SMS harness. The lower clip is secured using the Cam Band and Tri Glide and connects to the appropriate rail on the buttplate. Cam bands on both tanks should be roughly ¾ the way down the tank as shown in the image.





\*Note: This is only a suggestion on how to configure your bottles. There are other configurations that you may find better suit your diving preference after taking a recognized sidemount diving course \*\*

# **Final Configuration**

Your SMS50 Harness comes pre-assembled which makes final configuration much easier.

The last step is the adjustment of the harness. To ensure proper fit when donning the harness, first tighten the waist strap. This will help pull the harness tight against the body. Next, secure the sternum strap to its appropriate length – **Note**: tighten just enough to keep the straps straight over the shoulder – do not over tighten which causes the straps to pull towards middle. Finally, adjust the shoulder webbing accordingly. This will include removing the harness and adjustment of the upper webbing for shoulder and torso length, or the lower for waist adjustment. This will provide a firm and comfortable fit when finished. Last step is adjustment of the crotch strap. Once the harness is fitted properly, the crotch strap should be adjusted to desired and proper fit. Snug fit is recommended to keep the rear of the wing down when in horizontal trim.

Although preparation will take some time, once you have completed the configuration steps for rigging the tanks, attaching the cylinders and adjusting the harness properly your in water characteristic should look something like the image below. Trim is horizontal and streamlined. \*\*TechTip: Cam band more towards the rear or bottom of tank = head down / Cam band more towards the front or top of tank = feet down \*\*

For more information on sidemount configuration, be sure and check out the new Sidemount Training Video from Jill Heinerth and Jeff Loflin. See this link: <a href="http://www.sidemountvideo.com/">http://www.sidemountvideo.com/</a>

This is not a substitute for training. Your course outline and skills will have also specified alternate methods of sidemount configuration.



## **SMS100 Reference/Part Information**

### **Complete Kits**

208.1350	SMS50 Sidemount System
208.1300.003	SMS100 - SM/MD - Single Pkg
208.1300.005	SMS100 - LG/XL - Single Pkg
208.1300.007	SMS100 - XXL - Single Pkg
208.1302.003	SMS100D - SM/MD - Dual Pkg
208.1302.005	SMS100D - LG/XL - Dual Pkg
208.1302.007	SMS100D - XXL - Dual Pkg

### **Specific Kit Information**

## 240.1500 - SMS Regulator Kit

Includes: (2) DC1 DIN / (2) 212 2<sup>nd</sup> stage / 36" LP hose / 84" LP hose / (2) Brass SPG / (2) 6" HP hose / Reg Necklace / 3" Bolt Snap / Tank Bungee

## 240.1600 - SMS Deco Regulator Kit

Includes: 02 Tech Regulator (1<sup>st</sup>/2<sup>nd</sup> stage & 40" LP hose) / Brass SPG / 6" HP hose / Tank Bungee / 3" Bolt Snap

### 240.1550 – SMS Mains Rigging Kit

Includes: (2) SS Cam Bands / (2) SS Tri-glides / (4) 4.5" SS Bolt Snaps / Nylon Line / Tank Bungee

### 240.1650 – SMS Deco Rigging Kit

Includes: SS Hose Clamp w/ Nylon sleeve / (2) 4.5" SS Bolt Snaps / Elastic Line / Tank Bungee

## **Care and Maintenance**

Your Hollis BC is a reliable piece of equipment that was designed to withstand the rigors of diving and will last for many years if cared for properly. Follow the procedures below to ensure a long life for your BC. You should have the entire BC inspected and serviced annually by an authorized Hollis dealer to ensure it is operating properly and that no components are showing signs of wear.

### **Pre Dive Care**

Before each dive check to make sure your equipment is working properly. If any piece of equipment is not working properly, DO NOT USE! And return to your authorized Hollis Dealer for repair.

- Under pressure, attach the Low Pressure Inflator Hose to the Inflator and depress the inflator button to make sure it is working properly.
- Check for leaks at connection of inflator.
- Check Oral Inflation/Deflation button is working properly.
- Fill the BC System with air and check to make sure there are no leaks in the Bladder. (Test both Bladders separately on Dual Bladder System)
- Check all dump valves to make sure air is not leaking in the closed position and that the air can be easily dumped.

## **Post Dive Care**

To keep your BC in top condition, follow these procedures, in sequence, after each day of diving:

- Fill the BC one third full of fresh water through the inflator mouthpiece.
- Inflate fully, then rotate and shake, ensuring a complete internal rinse.
- Hold upside down and completely drain the water through the mouthpiece.
- Thoroughly rinse the outside of the BC with fresh water.
- Store partially inflated out of direct sunlight in a cool, dry place.
- Periodically add BC disinfectant (available in dive stores) to rinse water to kill any bacterial growth.
- Transport your BC in a padded carrying case or equipment bag, separated from sharp items (e.g., dive knife, spear gun, etc.) that might puncture the bladder.
- You should also protect the inflation system from damage from heavy objects (e.g., dive light, weights, first stage, etc.).

Photo Credit - pg#7: Underwater World - Issue #129 2010\*\* SMS50 Sidemount Harness Manual - Doc. No. 12-4088